

MIKE CARR KARATE PROGRAM 2016 – 2017 SCHEDULE BY LOCATION

NORTHERN ARTS STUDIO – SUMMERFIELD NC – HOME OF MIKE CARR KARATE -- CLASSES SEPTEMBER - MAY

CLASS DAY	CLASS TIME	CLASS TYPE
MONDAY	4:30PM – 5:00PM	NOBLE NINJA KARATE CLASS (SPECIAL NEEDS PROGRAM)
MONDAY	5:15PM – 6:00PM	BEGINNER/INTERMEDIATE KENPO KARATE CLASS
MONDAY	6:00PM – 6:45PM	INTERMEDIATE/ADVANCED KENPO KARATE CLASS
TUESDAY	3:45PM – 4:30PM	BEGINNER/INTERMEDIATE KENPO KARATE CLASS
TUESDAY	4:30PM – 5:15PM	ALL LEVEL KENPO KARATE CLASS
TUESDAY	5:15PM – 6:00PM	ALL GIRLS KENPO KARATE CLASS
TUESDAY	6:00PM – 6:45PM	ALL LEVEL KENPO KARATE CLASS
TUESDAY	7:00PM – 8:00PM	MMA FIT CLASS (AGES 12 – 80)
WEDNESDAY	5:15PM – 6:00PM	ALL GIRLS KENPO KARATE CLASS
WEDNESDAY	6:00PM – 6:45PM	BLACK BELT ACADEMY CLASS •
WEDNESDAY	6:45PM – 7:30PM	INTERMEDIATE/ADVANCED KENPO KARATE CLASS
WEDNESDAY	7:30PM – 8:30PM	BEGINNER ADULT KENPO KARATE CLASS
SATURDAY	9:00AM – 9:45AM	ALL LEVEL KENPO KARATE CLASS

- RESTRICTIONS APPLY

NAN'S SCHOOL OF DANCE – GREENSBORO NC -- CLASSES SEPTEMBER - MAY

CLASS DAY	CLASS TIME	CLASS TYPE
MONDAY	5:15PM – 6:00PM	BEGINNER/INTERMEDIATE KENPO KARATE CLASS
MONDAY	6:00PM – 6:45PM	INTERMEDIATE/ADVANCED KENPO KARATE CLASS
WEDNESDAY	5:15PM – 6:00PM	ALL LEVEL KENPO KARATE CLASS
WEDNESDAY	6:00PM – 6:45PM	ALL GIRLS KENPO KARATE CLASS

SOUTHEAST SCHOOL OF DANCE – GREENSBORO NC (FOREST OAKS) – CLASSES AUGUST - MAY

CLASS DAY	CLASS TIME	CLASS TYPE
THURSDAY	5:45PM – 6:30PM	BEGINNER/INTERMEDIATE KENPO KARATE CLASS
THURSDAY	6:30PM – 7:15PM	BEGINNER/INTERMEDIATE KENPO KARATE CLASS
THURSDAY	7:15PM – 8:00PM	INTERMEDIATE/ADVANCED KENPO KARATE CLASS

ALL OF OUR LOCATIONS HAVE OPEN ENROLLMENT!

IF YOU WOULD LIKE TO REGISTER FOR ONE OF OUR CLASSES PLEASE CONTACT THE OFFICE OF THE LOCATION CLASS IS HELD FOR AVAILBILTY!